

IWD 2024 Expert Community Panel on Women's Health

Chanda Hinton, Founder of [The Chanda Center for Health](#)

Chanda Hinton, founder of The Chanda Center for Health, endured a spinal cord injury leaving her paralyzed at the age of 9. When she should have been livin' it up in college, her health took a significant decline due chronic pain and over utilization of opioids.

It was during a meeting with her health provider that her sister, a yoga therapist, asked about integrative therapy options. The physician responded, "At this point, Chanda has nothing left to lose, so do it." Within days of receiving integrative therapies, Chanda's health began to shift dramatically. As her health improved from acupuncture, massage, and chiropractic care, she began to research why there was a lack of these services available to people living with long-term physical disabilities. At that moment, it became Chanda's personal mission to change this reality.

In 2005, Chanda and her sister, Crystal Hinton, founded the Chanda Plan Foundation, offering integrative therapies through providers in the community, regardless of participants' ability to pay. In 2017, after a successful capital campaign, the Chanda Plan Foundation created the Chanda Center for Health, a separate 501c3, to provide services onsite. In 2023-24, the foundation was dissolved, leaving Chanda Center for Health as the primary entity promoting wellness, healing, encouraged movement, reduce pain, support recovery, and improve the overall quality of life for persons living with long-term physical disabilities. The Chanda Center for Health continues to improve health outcomes for individuals with long-term physical disabilities and make significant systematic change across Colorado.

Olga Gonzales, Executive Director, [Cultivando](#)

Olga was born in Monterrey Nuevo León, Mexico and grew up in Los Angeles, California. Her family originates from San Miguel de Allende, Guanajuato. She is proud of her Indigenous Mexican identity (Yaqui/Otomi) and she honors the rich cultures and experiences that shaped her. Olga is the proud mother of three amazing children who, along with her husband, she is raising to be the next generation of courageous and visionary social justice warriors.

As the first woman of color to lead Cultivando in its 24-year history, she has expanded the organization's reach beyond Adams county and supported Latinx communities and organizations statewide.

Olga has earned several awards for her work in the areas of inclusiveness, equity, and social justice, including the Mayor's Award for Outstanding Denver Citizen Committed to Fighting Against Hate and the Award for Excellence in the Promotion of Health Equity from the Public Health in the Rockies Conference. Last year, she was awarded the Soul of Leadership (SOL) Award by the Latino Community Foundation of Colorado. Recently, she was a featured TedXMileHigh Speaker where she shared her insights on the importance of promotoras in community-led, transformational work. She was also

recently named one of the “Top 25 Most Powerful Women in Business” by the Colorado Women’s Chamber of Commerce.

Olga holds a dual bachelor’s degree in psychology and Chicano studies from Scripps College in Claremont, CA and a Master’s Degree in Nonprofit Management from Regis University as a Colorado Trust Fellow. “The idea of working with promotoras to engage our community is in alignment with my personal approach to my work and to my belief that those most impacted by inequities are the ones who should be at the forefront of developing solutions. As a little girl, I was my family’s interpreter and navigator of inequitable systems. The work I do now is an extension of that. I see my own family when I work in my community. I want our community to not have to struggle the way we struggled. My work is my way of honoring the opportunities that my parents, and so many other parents, create for their children.”

Tiamo Katsonga-Phiri, PhD, Director of The Trauma Disaster Recovery Clinic, International Disaster Psychology Program
Mudita Psychological Services, PLLC

Tiamo Katsonga-Phiri, Ph.D. is a Licensed Clinical Psychologist in the State of Colorado. She received her doctorate degree in Clinical-Child Psychology from DePaul University in Chicago Illinois. Dr. Katsonga-Phiri currently works as a clinical supervisor at the Trauma Disaster Recovery Clinic training students in working with Survivors of Torture along with teaching several graduate level classes. Prior to that, she completed her post-doc at the Aurora Mental Health Center’s Colorado Refugee Wellness Center and Asian Pacific Development Center working with refugees and immigrants from all over the world. She received her prior clinical training in working with Survivors of Torture at Chicago’s Marjorie Kovler Center starting in August 2017. Prior to joining the Kovler Center, she worked as a therapist-in-training in multiple settings including one year of supervised clinical work at University of Chicago Counselling Services and Chicago Children’s Advocacy Center where she worked in collaboration with the Department of Child and Family Services (DCFS), and Chicago Police Department and at DePaul Family Community Services Center.

Lily Griego, Regional Director | U. S. Dept. of Health and Human Services

Lily Griego is proud to join the Biden-Harris administration as Regional Director of the Department of Health and Human Services. Griego's credentials include a stellar public service career that covered a wide range of local and federal policy issues, as well as a proven community engagement track record. Her valuable skill set will allow her to immediately contribute to President Biden's Build Back Better agenda.

Griego led multiple state teams during the 2020 census and all congressional affairs for the region, successfully earning additional congressional seats in Montana and Colorado. She worked for a U.S. Senator on critical policy issues, including immigration, equality, and healthcare. She has an extensive

background in the public and private sector with land-use, environmental protection, and finance regulations, enforcement, and community education.

Griego earned a bachelor's degree in political science and a master's degree in history, from the University of Colorado at Denver. Griego is a native of Colorado. She believes wholeheartedly in good governance and serving the American people.

Moderator:

Michelle Griego, News Anchor, CBS Colorado

MICHELLE GRIEGO got her first big break in television at the age of 11. She went on a casting call at a local talent agency and was hired to co-anchor a children's news show, "Two Bits." The program was on KWGN-TV and ran for nearly three years, airing in Colorado, Wyoming, Utah and Nebraska.

The news bug stayed with Griego through high school and college at Colorado State University and Metropolitan State University of Denver, where she studied speech communication and technical journalism and worked on campus television stations. Her first big job was at KCNC-Channel 4, the CBS affiliate, in 2005, working as an online editor, reporter and then anchor.

An opportunity to break into a major market came in 2012 when Griego was hired by KPIX 5, the CBS station in San Francisco, to be its morning anchor. There, she co-hosted weekday mornings and covered everything from tragic events such as mass shootings to sporting events like the Super Bowl. She also hosted a local talk show and won Emmys for her work in 2014, 2016 and 2021.

While living in California was great for her career, Griego and her husband, who also grew up in Colorado, missed the mountains and their families in Denver. They would order a bushel of roasted chiles each fall, and were loyal to their sports teams. "We would dress in Broncos gear and go to 49ers games, and wear Rockies gear to Giants games," Griego laughs. "I kept a Broncos plaque on my desk."

When the CBS station in Denver offered Griego a morning anchor spot in 2021, the couple and their three daughters happily moved back. Griego now shares anchoring duties Monday through Friday with Dominic Garcia.